THE CONNECTION VERDICT · BY ELLEN HALE

The 90-Day Calendar

prepared for Karen

ELLEN HALE · AUGUST 2026 · CASE NO. 0402

One reading. One answer. Reasoning shown.

How to Use This

A window is a week that asks more of you. That is all it is. It is not a forecast of his movements, not a hint about arrival or silence, and not a claim about what will happen. Nothing in these pages knows where he is. These are your own transits, arithmetic run over your own chart, and every one of them describes weather inside you.

You already know how this works, so I will not labour it. What I want you to notice is the use of the thing. The demanding weeks are the ones where the pull gets loud, where the body arrives at a conclusion before judgment gets a vote, where old grief comes up wearing new clothes. On those days you will be tempted to read the discomfort as a sign: that you decided wrong, that you should not have closed the door, that the ache is proof of something owed.

Here is the sentence that makes this calendar worth carrying.

A hard week named in advance stops being evidence.

If you knew on the sixth of August that the twenty-eighth of October would hurt, then the hurt on the twenty-eighth of October is a date on a page. It is not a verdict, and it is not a summons.

The Demanding Weeks

7 to 10 August, sharpest on the 8th. Mars opposite your Venus. Wanting arrives with an edge on it, the specific restlessness that used to send you looking for something to check. Keep the phone out of the bedroom all four nights, not just at eleven.

22 August to 27 September, deepest around 12 September. Saturn opposite your Pluto, and this is the spine of the ninety days. Five weeks of slow structural pressure on the part of you that does not let go of things. Expect fatigue rather than drama. Write one sentence a week, dated, about what you did instead of waiting. Nothing longer.

30 August to 1 September, peak the 31st. Mars square Pluto, inside the long window. Compulsion with fuel in it. If you find yourself composing anything, write it on paper and do not transfer it to a screen.

8 to 10 September, with the 9th doubled. Venus square your Moon and Mercury square your Venus on the same day. Tenderness and argument in the same breath, the day you rehearse both sides of a conversation that is not happening. Speak to one living person before nightfall. Not about him.

20 to 21 September. Sun square Venus. The old template, love as something earned through waiting, lights up briefly. Two days. Let it be two days.

25 to 28 September, peak the 26th, full moon the 27th. Mars conjunct your Moon under a full moon. The heaviest emotional pass of the quarter. Plan it now: no decisions, no letters, no doors. Cook something that takes an hour.

29 to 30 September. Mercury square your Moon. This is the week the mind builds a case. Do not test it. Re-read your own line about the doorway instead.

1 to 3 October, peak the 2nd. Mars square your North Node. Friction between the habit and the direction. Do one thing that belongs only to the next six years and not the last six.

22 to 23 October. Sun square your Moon. Short, low, familiar. Early night both nights.

25 to 30 October. Three contacts stacked: Venus square your Moon on the 25th to 27th, the full moon on the 26th, Mars crossing your natal Saturn from the 26th to the 30th. Mars on Saturn is the ache of the thing that was withheld, delivered without any new information. This is the week you were told about in advance. Tell one person, before the 25th, that you may need a phone call in that stretch.

4 November. Mars square your Sun. One day. It closes the period with irritation rather than sorrow, which is a mercy. Do something physical with it.

The Clear Weeks

6 August. Venus sextile your Moon. One day of ease at the very start. Good for beginning the writing.

19 to 21 August. Venus to your Neptune, then Sun trine your Venus. Good for beauty without a witness. Music, water, something made.

23 August to 1 September. Jupiter trine your Neptune, and from the 25th Jupiter to your Pluto. Ten days, the widest opening in the quarter, and it sits inside the Saturn pressure on purpose. Good for the larger question: what the recognition at that table was for, if it was not for waiting. Also good for the sister.

23 to 25 August. Venus to your Saturn, then Sun to your North Node on the 25th. Good for a practical decision that points forward. New moon the 13th, if you want a start date before this.

7 to 8 September. Venus sextile your Venus. Good for company. Good for being looked at.

13, then 16 to 17 September. Sun to your Sun, then Sun to your Mars. Good for work, and for competence, which is one of the things you have.

21 to 22 September. Sun sextile your Moon, one day after the square. Good for rest that actually restores.

5 to 6 and 9 to 10 October. Sun to your Neptune, then to your Saturn. Good for grief taken deliberately rather than by ambush.

21 to 22 October, and 27 to 28 October. Sun then Venus to your Venus, one on each side of the hard stretch. Good for the arrangement you make in advance: dinner booked, ticket bought, someone expecting you.

Your Rule

If he has still not said, in words with a date attached, what you are to him, and nothing has been filed, then this is cycle five, not a new beginning.

The answer at eleven at night is the same as the answer at noon. You do not open the door. Put the phone in another room and go to bed.

And the loophole, closed: the only conversation that counts starts with where he went on the 21st of July and ends with what you are to him, said out loud, before anything else resumes. Warmth without that sentence is not a return. It is the fifth cycle in nicer clothes.

“He seemed different this time” is not the sentence.

You wrote, before you ever wrote to me, that he was standing in a doorway and would not come in. You had already done the work. This page only gives it a calendar.

Carry it folded. Use it on the twenty-sixth of September and the twenty-eighth of October, when the pull arrives with authority and no new facts. Look at the date, see that it was printed in August, and let that be the whole of your response.

Six years was not waste. It was what it took to get a true perception all the way through. It is through.

If the demanding weeks bring more than you want to hold alone, a good therapist is welcome company in them. So is your sister, when she is ready.

— *Ellen*

Your intuition is evidence.
So is his pattern.
I read both.

THE FULL-EVIDENCE METHOD

This reading is a reflective and spiritual document, not a substitute for professional counseling. If you are in distress, support is always a good idea — and always your decision. 18+.